

## AFTER ACTION SUMMARY REPORT Military Marriage Program by Marriage Management Fort Hood July 2016 – June 2017

### Project Summary

**Marriage Management**, a 501(c)3 Texas non-profit organization appreciates the opportunity to serve the Military population in the Fort Hood area with quality marriage enrichment programs. Marriage Management has been delivering programs at Fort Hood since 2007.

**Our primary mission** is to strengthen Veteran and Military Marriages. Our programs provide a safe and confidential place for couples to reconnect, find peer support and positive encouragement. Participants learn specific real-life skills that enable them to better manage the unique marital stresses caused by combat or by physical, mental, emotional or moral wounds. These skills can be used immediately to overcome damaging behaviors, reduce stress and develop stronger bonds and healthier relationships. Classes are free because we believe those defending our country deserve healthy relationships.

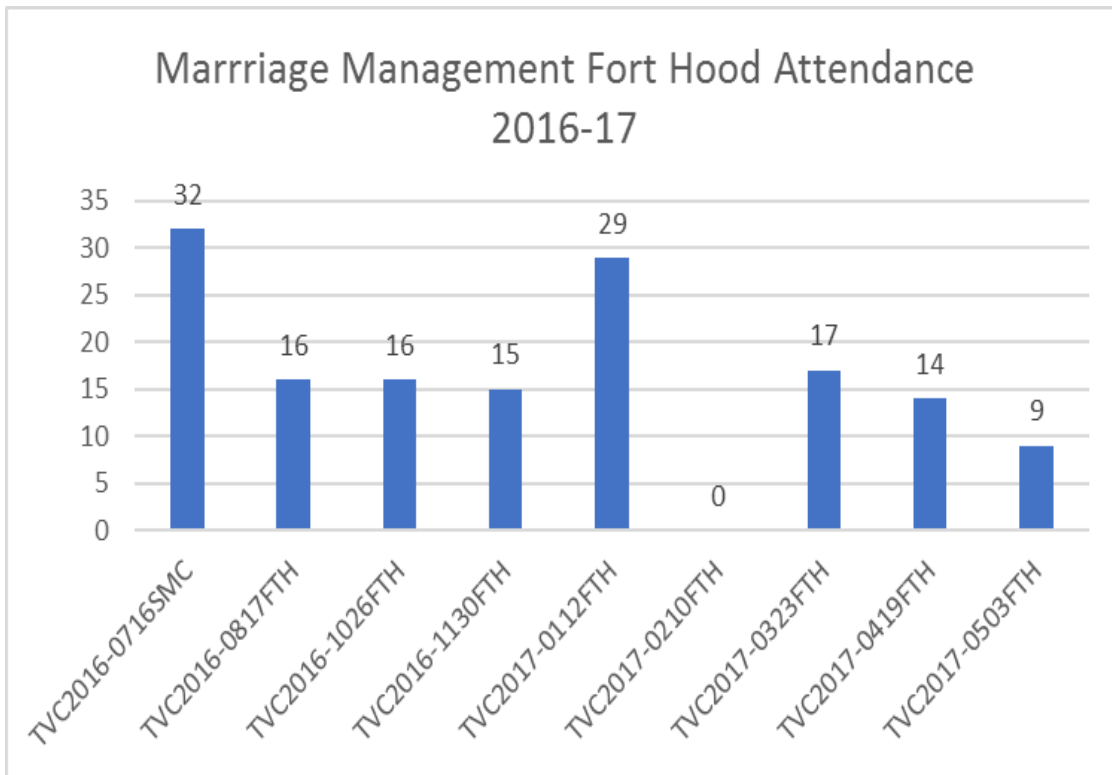
**Support** and class space was provided by Family Advocacy Programs.

- **Marriage Management** delivered nine one day classes benefiting Fort Hood.
  - See pages 2-3 for registration and attendance details for the last fiscal year.
- **148 individuals were served:** 92 military personnel and 56 dependents.
  - See page 4 for Military vs. Dependents and Marital state.
  - Page 5 shows a breakdown of Ranks, Deployments.
- **Outreach** was a combined effort of FAP and Marriage Management.
- **Funding:** This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance which provides grants to organizations serving Veterans and their Families.
  - Marriage Management funded all costs for this program except participant manuals which were purchased by FAP.
- **Evaluations** for this program have been outstanding. We have clearly made a difference.
  - See page 7 for a Likert Scale participant rating summary.

Respectfully Submitted this 20<sup>th</sup> day of June 2017

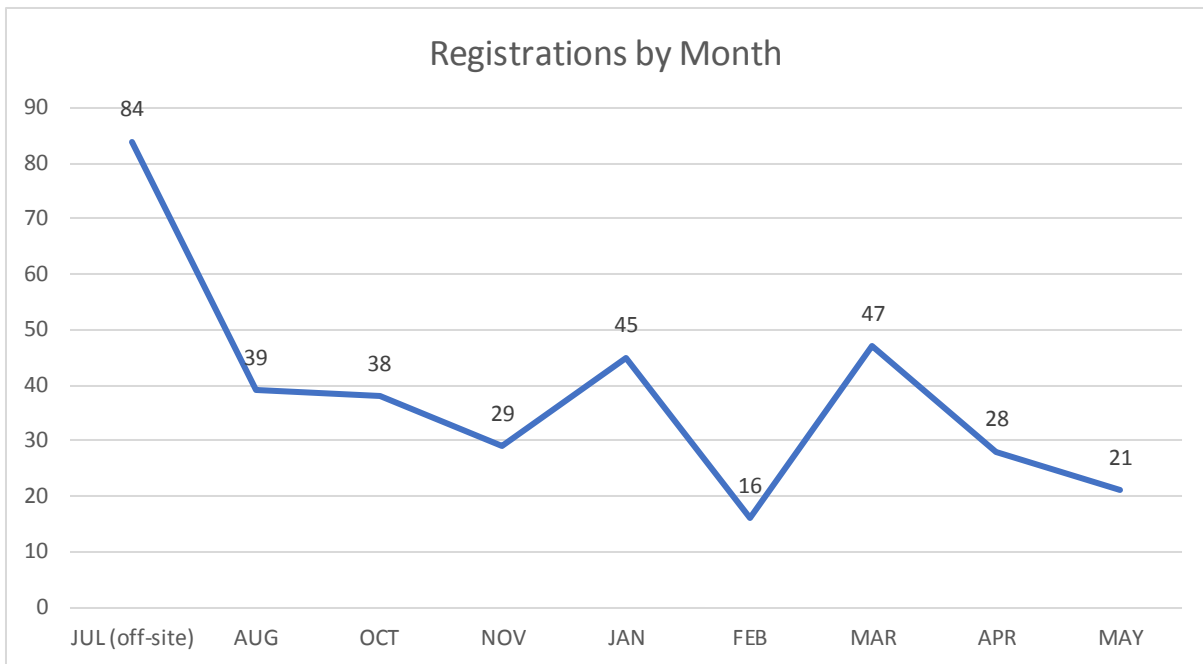
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- Total served was 148 persons. Average per class was 16.
- Nine classes were scheduled for the Fort Hood area between June 2016 and July 2017 – all, but one, were conducted on Base
  - The February class was cancelled for lack of attendance
- The July program was held at Summer’s Mill Retreat in Belton and had the highest attendance at 32 participants.
  - We were unable to fund other off-site classes; however, this clearly helps reach more soldiers who want a safe, pleasant environment.
- The next most popular on-base class was in January with 29 participants
  - This class followed an especially stressful holiday time for many.

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• It is very

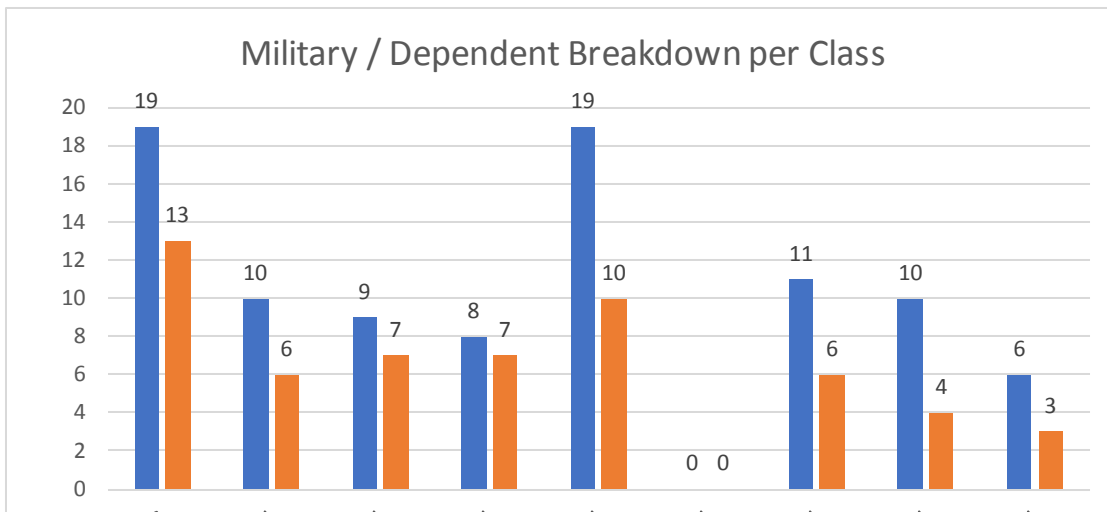
significant that 347 persons registered for these classes.

- Although only about half of those attended, this shows a very enthusiastic response to an unmet need.
- The greatest response was to the off-post offering at Summers Mill Retreat in Belton.
  - We obviously need more programs in a retreat setting.

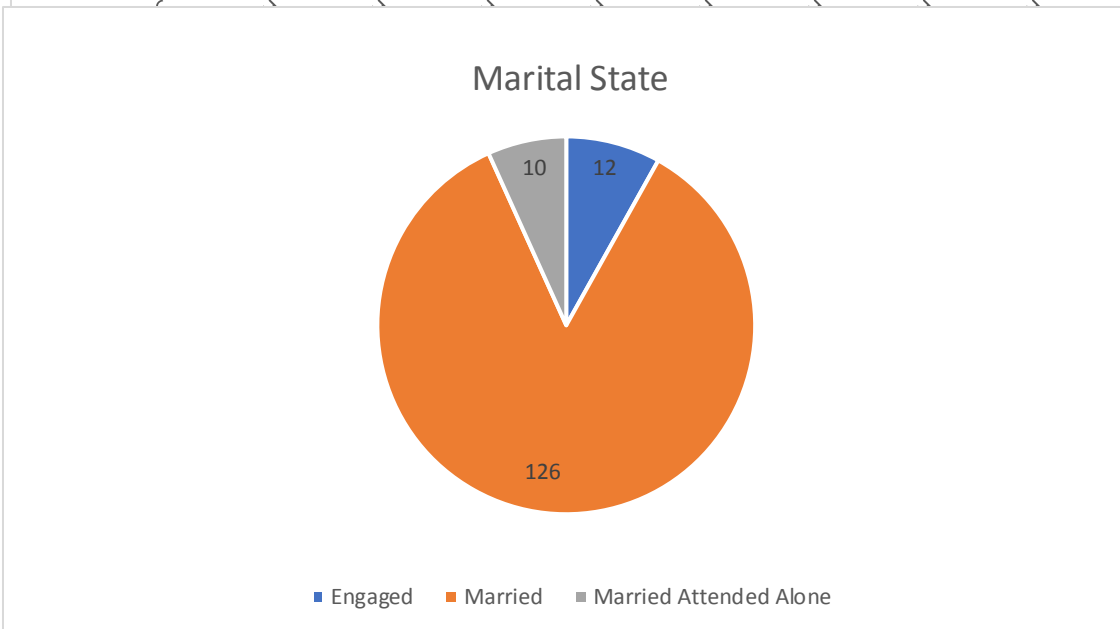
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### Military Marriage Program by Marriage Management

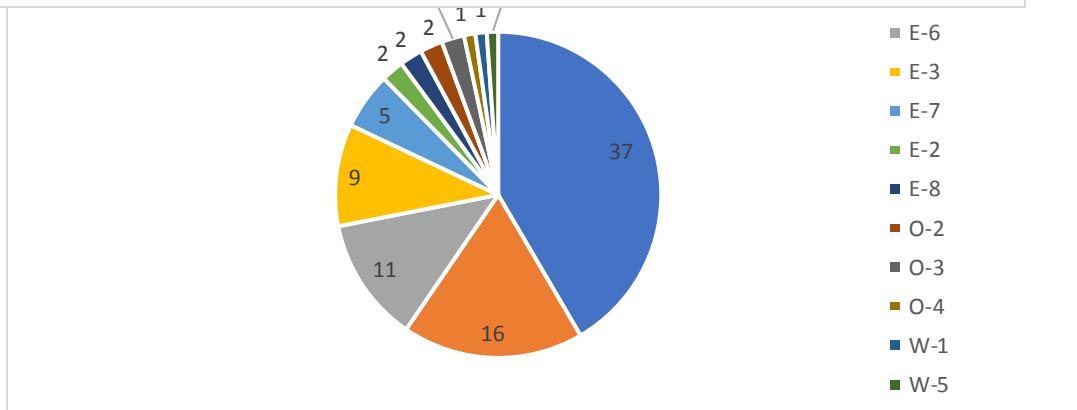
#### Fort Hood July 2016 – June 2017



- 62% of participants were military, 38% spouses or legal partners.
  - Many couples were dual military, with both having served.



- 85% of participants were married; only 6 engaged couples attended.
  - 10 listed themselves as “married, attending alone.”

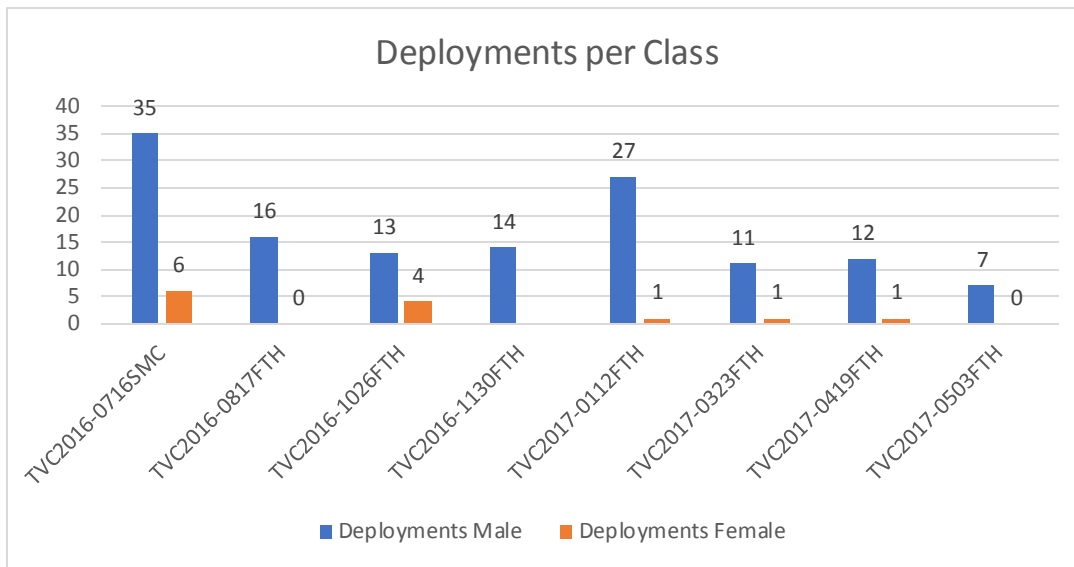


- The majority of attendees held ranks between E-4 to E-6

## AFTER ACTION SUMMARY REPORT

### Military Marriage Program by Marriage Management Fort Hood July 2016 – June 2017

- This indicates greater stress among non-coms



- Participants in these series of nine classes were deployed 148 times.
  - These deployments create incredible stress on military marriages
- Marriage Management mitigates this by a very unique Peer-to-Peer program that teaches the necessary relationship skills without disrupting warrior skills.

## **AFTER ACTION SUMMARY REPORT** **Military Marriage Program by Marriage Management** **Fort Hood July 2016 – June 2017**

### *Where did you hear about this marriage program?*

<p>           Albert at Wendy's            Albert Rodriguez              AW2 rep            battery promotion              BN SGM              CfS            Chain of command              chapel            Christina Cruz TX NG              church flyer                Email                face book                facebook                Facebook                Facebook                Facebook Ad                Facebook ad            Facebook FHA Events              Facebook FHE            facebook --Ford hood erea events              Facebook Fort Hood posting              Facebook Fort hood area event              Facebook Fort hood area events              Facebook Fort Hood area events page              Facebook Fort hood area events fb page              Facebook Fort Hood Area Events page              Facebook Fort Hood community page                Facebook Fort hood events                Facebook Fort Hood Events FB                Facebook Fort hood events page                Facebook Fort Hood Events page                Facebook fort hood events page                Facebook Fort Hood events page.              Facebook Fort Hood Local events page                Facebook Fort hood page            Facebook Forth hood event page on facebook                Facebook Ft Hood                Facebook Ft Hood area Events page                Facebook Ft. Hood Army Wives                Facebook Ft. Hood events page            Facebook Ft. Hood Facebook                Facebook group            Facebook On a fort hood website.            Facebook Online FT Hood Website                Facebook post                Facebook Social media                facebook/Best Friend            Facebook-fort hood area events            family advocacy program flyer                FAP                FAP/ACS                 Flier- job                FLYER             flyer from Reggie            flyer Holy Family Copperas Cove         </p>	<p>           Flyer in Copeland Ctr.              Friend            From another class.              George Butry            marriage counseling              Mflc              MWR Website            My platoon sergeant at my unit informed me about it and              suggested I go with my significant other.                Google            Google search (military marriage programs)              Google search for marriage help                husband            imbedded Behavioral Health in unit              Internet              Internet search                Online                Online                Online                Online                Online - internet              on-line web search              Phone call 6/21            Reginald Parker Email              spouse page            Through a program called Bringing Everyone in the Zone at the              HELP Center in Killeen.                unit              VA email signup              VA Temple              Webpage              wife         </p>
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- Facebook is clearly the strongest recruiting tool
- Followed by other online searches

## AFTER ACTION SUMMARY REPORT

### Military Marriage Program by Marriage Management Fort Hood July 2016 – June 2017

#### Participant Class Ratings Likert Scale

- **145 evaluations covering seven questions** were collected from all nine Military Marriage Management classes at Fort Hood from July 2016 to May 2017.
  - This represents a **total of 1,015 questions asked and rated**
- **99.2% of the responses were positive**; agreeing or strongly agreeing that – “the class was helpful” – “will use what I learned” – “would recommend the class to others” – found the instructors competent and knowledgeable – and, “overall, liked the day’s lesson”
- **87.3%** gave these elements the ***highest possible rating***
- Only one person gave only one negative mark (0.1%) doubting he/she will use what they learned, *but would recommend the class to others!*
- ***This data clearly demonstrates the Military Marriage Management Program, delivered by MMC Trainers, is extremely effective!***

					5
					Strongly Agree
					128
					121
					119
					128
					124
					136
					130
Lesson	0	0	2	13	
Total	<b>0</b>	<b>1</b>	<b>7</b>	<b>121</b>	<b>886</b>
Pct. Of Total	<b>0.0%</b>	<b>0.1%</b>	<b>0.7%</b>	<b>11.9%</b>	<b>87.3%</b>
	<b>Disagree</b>		<b>Neutral</b>		<b>Agree</b>
	0.1%		0.7%		99.2%